

SUPPLY LIST FOR: 6702 – Self Portrait

Self Portrait- A Two Day Study in Discovering “Who I Am”

Marylouquiltdesigns.com

Marylouweidman.blogspot.com

This is a no stress, fun approach to getting to know who you are and where your artist will carry you in your likes, dislikes and subjectivity on who you are.

Please bring the following for the two-day workshop

Notebook, pencil, eraser

Freezer paper (don't plan on borrowing it, bring your own please)

Sewing machine in good working order, plug in's, foot petal etc. new needle

Thread, scissors, needles (both hand and sewing machine), ripper, pins and anything you normally use when you make a quilt

Rotary cutter, 9 inch ruler and 3 ½” ruler and other sizes you like, mat board

Small paper bag and tape for threads and snips of fabric-mat board
tape

For fabric bring:

*1 &1/3 Yard piece for the center of your quilt-dark dark or light light- this is for behind the story of your self portrait-you will also need a large chunk for the background border , don't confuse this with that (see below)

*Fabric for flesh-Buy a print such as a small check, teeny specks, tone on tones or cordoroy PRINT stripe from my 'Where the Boyz Are' line by Benartex-

NO solid fabrics as they don't work (NO one has one solid color on their skin except Gummy) NO pink or sherbet orange

You want tan, gold, honey, warm cream, soft cheddar, for soft skin tones-for more color a warmer tan with as much color as you would like clear up to eggplant (Afro-American) which makes lovely skin tones.

*A small chunk of off white for eyes if you need it. I like soft cream color here.

*Hair fabric-something with lines in it and value- swirls if you want curly hair and straight lines if your hair is straight. Color doesn't matter as much as you might think.

*Now put together a palette of a lot of great colors. You won't need huge pieces. A dress or top and skirt might need bigger pieces like ½ a yard.

The rest of the pieces you need can be 1/3 yard cuts or smaller. If you want a house in there, a huge house, buy accordingly.

Otherwise for details, you need chunks that have texture and great color. NO solids or those old old teeny calicos please. I stay away from anything with white in it also unless your whole stash has whites in it.

*Pick three main colors and bring a large selection of those three colors so your quilt has harmony. If you select cheddar, blue and red for example bring 15 to 20 of each and make them blend. If you bring a red and white calico, it isn't going to pull into a red, green, and orange on black large rose for example.

So, to make sure you have this, I am saying it again.

Pick 3 colors, then bring a nice variety (15 of each or more) of these colors that are pretty together. Do not bring junk from leftover projects your Aunt Patty did and expect me to magically make them wonderful. Picasso couldn't do that and I can't either. :0) I've tried.

*Think fabrics for clothes, shoes, purses, animals, hats, flowers, leaves, houses, roof lines, collars, belts, signs, a car, doors, windows, chimneys, hearts, bugs, butterflies, antiques, the Moon, cake or pastries or anything you might need to build your quilt.

*** Now the big surprise in case you did not know is that I do my borders first and I am going to begin the class with showing you samples, talking about color and setting a color palette with your quilt canvas. If you haven't done it before then you aren't a painter. We are using tried and true art techniques for a wonderful quilt you will be proud of.

For the BORDER you will need: A MUST

1 ½ yard of background fabric-black is excellent but you can use any light light fabric or dark dark fabric that is a tone on tone and not too busy. Do not bring a medium fabric for this. Mediums do not make a good background for any quilt and you don't want a mushy quilt. Remember the background of your border will be this fabric that you choose. This is NOT the center of your quilt. It is the frame around your quilt.

Now that you have your background BORDER fabric, bring a great selection of colors that go and that you like. This is also your palette and more is always better than less. If you don't bring much, you will not have a good palette to work with and it is harder to make something wonderful. You will be using small pieces of these fabrics to set a color palette for your quilt. This is what can make your quilt a prizewinner and I have had many of them come out of my classes.

Remember- Your border stash is different from your story self portrait stash. Don't expect one to cover for the other. YOU need both.

This sounds more complicated than it is and you will learn lots about process, being a true artist and what you have to say that will surprise even you with a self-portrait. I can't wait.